



Wetaskiwin
Regional
Public
Schools

Responding to Symptoms

If you are symptomatic, you should not be at school.

You have 1 of the top 4 symptoms:

- Fever
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of sense of smell or taste

You are legally required to self isolate for 10 days from start of symptoms or until symptoms resolve, whichever takes longer. You should also get tested for COVID.

If you test negative and have no known exposure to the virus, you can return to school once your symptoms resolve.

You have any of the other symptoms:

- Chills
- Painful Swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms
- Conjunctivities (pink eye)
- Runny nose
- Sore throat

1 symptom: Stay home for 24 hours, get tested if symptoms don't improve.
2+ symptoms: Get tested and stay home until well or test is negative.

Please also complete the [AHS Self-Assessment](#) online or call 811.