

# WRPS School Re-entry Plan

## for the 2020-2021 School Year

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### ~ A Guide for Students, Staff and Families ~

*Information contained within this document is subject to change as additional information about COVID-19 becomes available. New directives and restrictions from the province or the Chief Medical Officer of Health may shift how WRPS conducts its operations before students return or at any time during the school year. As the situation evolves, WRPS will update and adjust the plan, as necessary. We encourage you to keep checking back to our website for the latest information.*

*NOTE: weekly updates are in orange.*



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## Message from Board Chair and Superintendent

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Dear parents, guardians, families and staff,

To support learning, Alberta Education released a comprehensive re-entry plan, which features three possible school re-entry scenarios for September 2020. The Minister of Education announced on July 21, 2020, that [Scenario 1](#) will be in place for the start of the 2020-21 school year, which is near-normal daily operations with health and safety measures to reduce the risk of COVID-19 transmission. For the 2020-21 school year, the Government of Alberta expects every student to continue to learn.

Using Scenario 1, WRPS has established its own re-entry plan which outlines how schools will operate and communicates expectations throughout the COVID-19 pandemic. This plan was developed by senior administration, principals, directors in consultation with Alberta Education, Alberta Health Services, and the Local Alberta Teachers' Association.

We believe that students who attend school learn best in the classroom with their teachers and peers. Our goal is to get back to normal learning as soon as possible as safely as possible. We are looking for a balance of living with COVID 19 and continuing to educate the students of our communities.

We recognize that parents/guardians are key partners who will play an integral role in the safety and screening process for their student's daily involvement in school. As well, WRPS values and acknowledges the commitment of our staff to student learning and safety.

We continue to follow the safety requirements provided by the Chief Medical Officer and the Minister of Education. As Dr. Hinshaw noted in her August 4, 2020 address, 'There is no one approach taken alone or in a combination that can ensure there is no transmission'. The reality is that the COVID-19 environment will require all of us to be flexible and nimble throughout the next school year.

Key highlights of WRPS' Plan:

- mandatory requirements of masks for all staff and students in grades 4 to 12;
- cohort and physical distancing strategies;
- enhanced cleaning and hygiene protocols;
- daily screening requirements;
- strict stay-at-home guidelines for individuals who feel unwell or have symptoms related to COVID-19; and
- enforced public-health measures.

If at any time, the province transitions to Scenario 2—a partial return to in-school classes—the plan remains the same using an alternating, Day-1 and Day-2, schedule (see p. 4, “Scenario 2”). For families not yet ready to send their child to school, WRPS also offers a school-at-home-learning option (see [“School-at-Home-Learning”](#)).

Overall, the *WRPS School Re-Entry Plan* ensures the transition back to school is smooth, and operations take place in the safest way possible. It’s essential families and students understand and adhere to the guidelines, so the risk of transmission remains low, and students continue to learn in a safe classroom setting. Through a combined effort, everyone within WRPS is safer, healthier and better prepared for success throughout the pandemic.

Thank you for supporting your student and our school system to take all measures to protect one another. There is nothing more important to us than the safety and well-being of our students and staff.



Lynn Ware  
Board Chair



Peter Barron  
Superintendent

# Possible Re-Entry Scenarios for the 2020-21 School Year

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In June, the province released its [2020-21 School Re-Entry Plan](#), detailing three possible scenarios for school resumption. As of August 2020, Alberta Education is moving forward with Scenario 1, which is a complete return to school with health and safety measures to reduce the risk of COVID-19. Throughout the pandemic, the province may need to transition from one scenario to another, on short notice. As such, school divisions must be prepared for all three scenarios at any given time.

## **Scenario 1: In-School Classes Resume, with Health Measures**

- Regular in-school classes resume for K-12 students.
- School divisions must follow public-health measures.
- Physical distancing when possible.
- Mandatory mask use for staff and students in Grades 4 to Grade 12.
- Masks for Kindergarten to Grade 3 students are **not** recommended for use at school
- Continue assessment of students.
- Focus on cohorting students as often as possible.

## **Scenario 2: In-School Classes Partially Resume, with Health Measures**

- In-school classes resume for K-12 students on an alternating, Day-1 and Day-2, schedule to reduce class sizes.
- School divisions must follow public-health measures.
- Physical distancing required.
- Mandatory mask use for staff and students in Grades 4 to 12.
- We strongly recommend that students in K-3 also wear masks.
- Continue assessment of students.
- Focus on cohorting students as often as possible.

## **Scenario 3: In-School Classes Are Suspended**

- In-school classes are suspended for all students.
- All grades offer out-of-school learning opportunities.

# Teaching, Learning and Assessment in Scenario 1

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When COVID-19 first emerged, we implemented measures to get through the initial cancellation of in-school classes and students learning at home. As we learn to live with COVID-19, schooling must be different; it requires creativity, wisdom and care. More than ever students, families and our staff will be asked to work together in order to help all students re-engage in learning and achieve success.

In Scenario 1 students return to in-person schooling. School re-entry emphasizes practices to help students return safely while they reunite with classmates. Students will learn new ways to connect with one another. Additional care and attention will be provided to support students' physical, social and emotional development. School staff and parents will be especially attentive to how students are responding to re-entry.

Teaching and assessment is based upon Alberta Curriculum for each grade and course. Teachers have the responsibility to deliver the prescribed Alberta Curriculum and assess each student's demonstration of their learning against these standards. However, the final third of last school year was significantly disrupted. Teachers will emphasize the prioritized outcomes to support learning continuity. How subjects are delivered may look different as teachers ensure sufficient time to address core outcomes while providing a rounded learning experience for students.

Schools will determine the amount of time spent teaching non-core subjects to allow for additional instruction time on core subjects. Parents can monitor their child's progress on an ongoing basis using the WRPS PowerSchool online mark book. For families choosing School-at-Home-Learning, students will be expected to participate fully and complete assigned coursework. Staff will assess and provide appropriate feedback to students.

# Minimizing Risk of Transmission

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## Enhanced Cleaning

- A thorough cleaning of each school facility was completed during the summer with extra attention paid to the disinfection of high-touch areas and washrooms.
- Water systems were flushed to ensure freshwater replaced the stagnant water in the water lines.
- Heating and ventilation systems have undergone thorough inspection and cleaning.
- Area rugs and soft furnishings were removed.
- The Transportation Manager will ensure buses are cleaned to the standards outlined by Alberta Health Services.
- WRPS will ensure schools continue to be cleaned to the standards outlined by [Alberta Health Services](#).

## Health Requirements to Enter a School

- The [COVID-19 Screening Questionnaire](#) is available to all students, staff and contractors.
- Before leaving home, staff, students, visitors, and volunteers who will access the school for work or education, must self-check for symptoms each day that they enter the school by asking themselves the questions in the [COVID-19 Screening Questionnaire](#).
- Anyone who is ill shall stay home.
- Anyone ill at home shall seek health care advice as appropriate (e.g., call Health Link 811, or their primary health care practitioner, or 911 for emergency response), and fill out the [AHS Online Self-Assessment](#) tool to determine if they should be tested.
- Signs are posted to remind people not to enter if they have COVID-19 symptoms, even if symptoms resemble a mild cold.
- Students with known pre-existing conditions.
  - A student with pre-existing conditions should be tested at least once before returning to school and have a negative COVID-19 test result to confirm that COVID-19 is not the source of their symptoms. These symptoms would be their baseline health status. As long as the cough or runny nose is always the same and does not get worse, the student can attend school.
  - Schools keep records of student's known pre-existing conditions. If a student develops symptoms that could be caused by either COVID-19 or by a known pre-existing condition (e.g., allergies), the student should be tested for COVID-19 to confirm that it is not the source of their symptoms before entering or returning to school.
  - It is important that families and schools discuss a student's pre-existing medical condition, so the school may keep a confidential record of this condition.

## Hygiene Strategies

- Hand sanitizer, meeting AHS requirements, will be made available in all facilities and located in entrances, exits, washrooms and near high-touch equipment.
- Signage will be posted in each facility to address hygiene and safety protocols.
- Schools develop procedures that outline hygiene and cleaning requirements.
  - Everyone must perform hand hygiene (hand sanitizer) when entering and exiting the school and classrooms.
  - Each school will have posters promoting hand hygiene, respiratory etiquette, physical distancing, etc. posted in visible locations.
  - Hand sanitizers, provided by the WRPS, are to be located in entrances, exits and near high-touch equipment such as photocopiers and high traffic areas, common areas.
  - Some high-touch equipment including microwave ovens and vending machines are being taken out of service.
  - High contact surfaces (including water fountains and washrooms) and shared equipment shall be cleaned on a scheduled basis.

## Personal Protective Equipment

- Masks:
  - Teachers, substitutes, school staff, and contractors will be issued two reusable masks.
  - Every Kindergarten to Grade 12 student will be issued two reusable masks.
  - It is expected that students and staff will use a clean mask. [How to Wash a Face Mask](#)
  - Masks are mandatory for all students on the bus.
  - Masks are mandatory for students in grades 4-12 in all school settings where physical distancing cannot be maintained. This includes wearing them in shared areas such as hallways and buses.
  - The school does **not** need to ensure that students, staff members and visitors maintain a minimum of 2 metres distance from every other person when a student, staff member or visitor is seated at a desk or table
    - Within a classroom or place where the instruction, course, or program of study is taking place, and
    - Where the desks, tables and chairs are arranged in a manner:
      - To prevent persons who are seated from facing each other (i.e., in rows), and
      - To allow the greatest possible distance between seated persons.
  - Masks for Kindergarten to Grade 3 students are **not** recommended for use at school, as per Alberta Health Services.
  - Masks are mandatory for staff in all settings where physical distancing cannot be maintained.
  - Masks are mandatory for contractors and visitors at all times.



- Mask usage for students with identified special education needs will be reviewed by the school learning team. Expectations regarding mask usage will be determined and outlined in the Individual Program Plan on a case-by-case basis.
- Government of Alberta guidance on mask use is available [here](#).
- Face Shields:
  - School staff will receive one reusable face shield for their use in the schools.
  - Shield use is at the discretion of the individual staff member.
  - Plastic face shields can help reduce exposure but are not equivalent to masks.
  - A mask must still be worn while wearing a face shield.
- Thermometers:
  - Each school will receive two contactless thermometers to assist with managing student and staff health at the school's discretion.
  - The thermometer may be used to take a student's temperature if the student falls ill.

## Physical Distancing

- Physical distancing (2-metre spacing) is a useful public health measure to help prevent the spread of disease. Increasing the space between persons decreases the risk of transmission. Where 2 metres is not possible between desks, the following measures will be taken.
  - If 2 metres cannot be arranged between desks/tables, students will be arranged so they are not facing each other (e.g. arranged in rows rather than in small groups of 4 or a semi-circle).
  - In situations where physical distancing is not possible (e.g., busses, classrooms and some sporting activities), there will be an extra emphasis on hand hygiene, respiratory etiquette and cleaning.

## Traffic Flow

- Schools have procedures to minimize physical contact and address traffic flow that best adheres to safety protocols.
- Traffic flow risk-mitigation considerations:
  - Loading and unloading busses.
  - Student drop off and pick-up such as staggering times.
  - Entering and exiting school buildings including alternative locations.
  - Movement between classrooms.
  - Recess and lunch breaks during the day.
  - Removing and restaging seating in public areas to prevent gathering.
  - Considering limiting bathroom occupancy at any one time.
  - Where possible, teachers will move between classrooms and students will remain at their desks.

## Visitors and Other Service Providers

- For the safety of students and staff, parents, visitors and other service providers should only enter any Division facility if absolutely necessary. The school doors will remain open to allow student access.
- Staff movement between Division facilities is restricted.
- WRPS staff are encouraged to use virtual meeting tools, where possible.
- The public is allowed into the school following the procedures and protocols established at the school.
  - The public must not enter the school if they are ill.
  - Parents/guardians can attend the school if they are required.
  - All visitors must make an appointment before coming to the school.
  - All visitors must wear a mask and complete the self-screening tool before they enter the school.
  - A record of all visitors will be kept.
  - Preschool and Kindergarten families will be invited to come to the school to meet their teacher and see their classroom prior to the beginning of the school year. Unfortunately, once the school year begins, parents and guardians will not be permitted to enter schools at drop off and pick-up. Parents are welcome to walk their children to outside doors if they respect physical distancing and wearing a mask.
  - Food delivery services for students are not permitted in any school.

## Community Use of Schools

Due to operational considerations caused by COVID-19, community use of schools is postponed until further notice.

## School Operations

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A number of new protocols designed to keep students as safe as possible are being introduced into the daily operations of our schools.

### Staggered School Entry

- A staggered entry means different grades will start the school year on different days.
- This approach will reduce the number of students on the first day to provide them with the opportunity to become familiar with new routines that will be in place in the school and classrooms.
- Following the schedule below, staff will work with students to explain new processes and procedures that must be followed.
  - Kindergarten teachers will contact families on or before September 2, 2020, to arrange a start date during the week of Sept 8 - 11.
  - Families that choose the “School-At-Home-Learning” option will be contacted during the week of September 14.
  - September 2: Grades 3, 6, 9, 12 only

- September 3: Grades 2, 5, 8, 11 only
- September 4: Grades 1, 4, 7, 10 only
- September 8: All Grade 1 - 12 students attend and regular classes begin.

## School Protocols

- School Re-entry plans will consider the following school operations:
  - Does an activity involve shared surfaces or objects frequently touched by hands?
  - Can an activity be modified to increase opportunities for physical distancing?
  - What is the frequency/possibility to clean high touch surfaces (e.g., electronic devices, instruments, equipment, toys)?
- Class sizes will be similar to previous years as there is no additional funding to hire more teachers.
- Teachers will have seating plans for all classes, and students will be required to sit in their assigned seats.
- Students and staff will wipe their own workspace such as desks, Chromebooks, etc. before and after using. Younger students may require help from the teacher or educational assistant.
- Students will be encouraged to avoid sharing personal property (pens, crayons, rulers, etc).
- Schools are reducing the amount of paper being sent home to parents/guardians in favor of electronic means. For example, school newsletters will be primarily sent through School Messenger.
- Physical Education locker rooms and change rooms:
  - Kindergarten through Grade 6 students will not change for Physical Education classes.
  - Schools will develop change room protocols for Grade 7 through 12 students that will reflect time and space availability.
- There is no additional funding to hire staff to clean playground equipment. Students will be encouraged to use hand sanitizer before and after using playground equipment.
- Gymnasiums will be used to deliver physical education programming.
  - When possible physical education should be done outside instead of inside as the risk of transmission is more likely to occur indoors rather than outdoors. Staff will follow the [Guidance for Sport, Physical Activity and Recreation](#) as relaunch progresses.
  - Administrators and teachers should choose activities or sports that support physical distancing (i.e., badminton over wrestling).
- Ancillary spaces such as gyms and libraries may be used to deliver education programs to aid in physical distancing.
- Use of shared items or sports equipment should be discouraged. Equipment that must be shared should be cleaned and sanitized before and after each use, **and** users should perform hand hygiene before and after each use.
- Use of shared items or equipment is to be avoided where possible. Equipment that must be shared should be cleaned and disinfected after each use.

## Expectations for personal belongings

- To minimize contact between students and support physical distancing, the use of lockers, cubbies and coat hooks will be minimized.
- All students and staff are encouraged to use a backpack for all personal belongings.
- Lunches are to be stored with personal belongings (in a backpack). Please consider wide mouth thermos containers for hot food as microwaves will not be available.
- Arrangements for storage of personal items will be made.
- Where possible, students will leave their school belongings at school to reduce possible transmission of COVID-19.
- Personal belongings are not to be shared with other students. (cell phones, games, etc.)

## Water Bottles and Fountains

- AHS guidelines state that water fountains can remain open. Mouthpieces of drinking fountains are not a major source of virus transmission and require regular cleaning according to manufacturer recommendations.
- Water fountain knobs and push buttons are considered high touch surfaces and must be regularly cleaned and disinfected.
- WRPS is taking an enhanced approach to student and staff safety. It is recommended that students bring their own water bottle (labelled with their name) and fill water bottles rather than having them drink directly from the mouthpiece of a fountain.

## Cohorting

- The risk of transmission of COVID-19 is reduced by limiting exposure to others.
- Contact tracing is also more feasible when groups (cohorts) are maintained.
- Where possible, students are cohorts by class. Efforts will be made to maintain physical distancing even within a cohort.
- Every effort will be made to limit the number of cohorts that each student is part of.

## Engineered and Administrative Controls

- School offices will be equipped with a Plexiglas divider to protect visitors and staff from potential exposures.
- Signage will be posted in each school to support physical distancing.
- Schools may designate different entrances and exits for different classes of students.
- Schools may post occupancy limits for bathrooms, common areas and meeting rooms to allow physical distancing.
- All rugs/soft surfaces are removed from classrooms.
- Unnecessary furniture has been removed from classrooms.
- The following high touch items will not be used in schools except as needed in Foods classes: microwaves and vending machines.
- There will be no use of school cutlery, cups, dishes, etc. except as needed in Foods classes.

## Food Handling

- Food handling addresses four categories: hot-lunch and bake sales, school-approved nutrition programs, parent-provided lunches and snacks, cafeteria services, food classes; and special school events.
- All students must wash their hands before eating, and eat only their own food. Students are not permitted to share food under provincial health guidelines.
- At this time, microwaves and vending machines will not be available to students.
- The sharing of food among students or staff will discontinue.
- Hot lunch programs and bake sales are cancelled until further notice.
- Division/School approved nutrition programs will be served by staff in self-contained packaging. Self-served programs are cancelled.
- Lunch
  - It is important for students to bring their lunch each day.
  - Schools will not be able to accommodate family members who want to drop off lunches.
  - If a student forgets their lunch, families should phone the school to work out a solution.
  - Students will store lunches with their other personal belongings.
  - Elementary students will remain in their cohort to eat lunch. Multiple cohorts will not gather together to eat.
  - Junior high and high school students will be assigned to an area of the school for lunch.
  - If the school is using a common lunch area, cohorts of students will eat in staggered shifts and the space will be cleaned and disinfected between each cohort.
  - Food delivery services for students will not be permitted in any school.
- Food Service Programs (Cafeteria)
  - Food service establishments shall follow the Alberta Health restaurant requirements.
  - School Cafeterias should use alternative processes to reduce the numbers of people dining together at one time (take-out).
  - Remove/rearrange dining tables to maintain physical distancing.
  - Stagger meal service times to reduce the numbers of people present at any one time.
  - Adapt other areas to serve as additional dining space to increase spacing among persons in the same room.
  - Meals will be pre-packaged or served by staff.
  - Cutlery, napkins and other items will be distributed to students.
- Classes that teach food preparation may occur as long as students do not share the food they prepare with other students or staff.
- For classroom meals and snacks:
  - No self-serve or family-style meal service. Instead, switch to pre-packaged meals or meals served by designated staff.
  - Food provided by the family should be stored with the student's belongings.
- Close food preparation areas off that could be accessed by students, non-designated staff, or essential visitors.

- Food-handling staff shall practice meticulous hand hygiene, and they are excluded from work if they are symptomatic.
- Utensils shall be used to serve food items.
- Students shall practice physical distancing while eating. There will be no common food items (e.g., salt and pepper shakers, ketchup).
- If a school is using a common lunchroom and staggering lunchtimes, the school will ensure that the areas are cleaned and disinfected after each use.

## Library/Learning Commons

- The protocol to access library materials and resources will be as follows, based on provincial recommendations:
  - Students and staff will not access directly.
  - Staff will submit a request for the resources.
  - A library staff member wearing a mask and gloves will pull the resources.
  - The resources will be disinfected and then delivered to the classroom.
  - Inside the classroom, resources will be disinfected after each use by a student
  - After the resources are returned to the library, they will sit for three days and then be disinfected and reshelved.
  - When staff are assigned to work in the library, all hard surfaces and the overall space will be cleaned and disinfected daily according to COVID-19 cleaning standards.
- The use of library space for students and staff may continue.

## Work Experience and other Learning Experiences

- Work Experience will resume as long as the risk of infection is mitigated for all participants. If the work experience placement is in a workplace, the student is expected to follow health rules set out by the workplace which should comply with the [Workplace Guidance for Business Owners](#).
- The time that individuals are in close contact should be kept to a minimum.
- Learning experiences involving unprotected in-person singing or playing wind instruments which poses an increased risk of transmission are postponed at this time. Alternatives such as recording or live-streaming individual performers in separate locations should be pursued.
- Sports practices and outdoor activities may proceed in accordance with [sector-specific guidance](#). For more guidance on outdoor sports and recreation, refer to the [Guidance for Outdoor Recreation](#).

## Extracurricular Activities, Travel, Curricular Trips and International Travel

- Extracurricular activities, sports teams' **practices**, performance groups and clubs, may continue provided students and staff follow all mandated health protocols. **League play** and related travel is not permitted until further notice.
- Day curricular trips requiring bussing are permitted while following health protocols.
- All overnight student excursions are postponed until further notice.

- International trips are postponed.
- WRPS will adhere to [public health orders](#) and [Travel Advice and Advisories, GOC](#).

## School Council Meetings

- School council meetings for the 2020–2021 school year may proceed.
- These meetings must follow Alberta Health restrictions for social gatherings as well as the safety protocols and expectations outlined in both the provincial School Re-entry Plan and this school re-entry plan.
- Schools will support their school council members to determine if they will hold in-person meetings or online virtual meetings.
- Any in-person meeting must adhere to COVID-19 health and safety protocols.

## Responding to Illness

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- Staff members, parents, and students may not enter the school if they have symptoms of COVID-19.
- Schools will develop procedures to address staff who become symptomatic during the school day to allow that staff member to isolate/leave the school for the time recommended by the Chief Medical Officer of Health and Alberta Health Services. Staff members are encouraged to access COVID-19 testing by accessing the [AHS Online Testing tool](#).
- If a student develops symptoms while at the school:
  - The student should be supported to wear a non-medical mask if they are able to, and be isolated in a separate room.
  - It is also expected that the student washes hands then wear gloves.
  - The student's temperature shall be taken and recorded using a contactless thermometer. The student's temperature will also be reported to the parent/guardian.
  - The parent/guardian should be notified to come and pick up the student immediately. Students will not be able to ride the bus as keeping with normal practice.
  - If a separate room is not available, the student should be kept at least 2 metres away from other students.
  - The student should be encouraged to access COVID-19 testing by accessing the [AHS Online Testing tool](#).
  - If the student requires close contact and care, staff can continue to care for the student until the parent is able to pick up the student. The student and staff are expected to wear a mask and close interactions with the student that may result in contact with the student's respiratory secretions should be avoided. If very close contact is required and the student is young, the staff member should also use a face shield or eye protection.
  - Staff/students must wash their hands before donning a mask and before and after removing the mask (as per [Alberta Health mask guidance](#)), and before and after touching any items used by the student.

- All items the student touched/used while isolated must be cleaned and disinfected as soon as the student has been picked up. Items that cannot be cleaned and disinfected (e.g. paper, books, cardboard puzzles) should be removed from the classroom and stored in a sealed container for a minimum of 10 days.
- In the event of a positive COVID-19 case, schools will be prepared to support continuity of learning during the 14-day quarantine period. See Alberta Health Services "[Student Illness](#)".
- In the event of an outbreak in a school, WRPS is required to follow direction by [Alberta Health Services](#).

## School-at-Home-Learning Options

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- While we anticipate the return of most students, some families may want to continue with school-at-home-learning even though Alberta Education has directed school jurisdictions to provide in-class learning.
- School-at-home-learning temporarily bridges teaching and learning requirements due to specific COVID-19 concerns related to attending school.
  - Students will remain registered in their current school if parents apply to have their child participate in school-at-home-learning.
  - Opportunities to support families considering school-at-home-learning options will be considered recognizing that resources are limited.
  - A consistent approach that respects the school and family context will be reviewed on a case-by-case basis.
- School-at-home-learning will:
  - Provide students with learning packages developed to assist parents in leading learning environments within their home.
  - Identify supportive online resources designed to enhance learning.
  - Deliver on-line support to students that may combine multiple grades or subjects.
  - Require parents to provide technology and internet access as needed.
  - Require parents to lead student work on a daily basis.
- School-at-home-learning will be delivered by teachers working as part of a division team.
  - The teacher may or may not work at their community school.
  - The order of topics learned may not be consistent with the student's home school.
- Timelines are established to support school-at-home-learning and in-school learning changes:
  - Timelines will align with end of terms, quarters or semesters. Please contact your school to confirm which schedule they are using.
  - One month's notice is required to make changes from school-at-home-learning and in-school learning.

	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>
<b>Classes Start</b>	September 2	November 30	March 22
<b>Notice</b>	September 2	October 29	February 25



	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>
<b>Classes Start</b>	September 2	November 13	February 1	April 20
<b>Notice</b>	September 2	October 16	January 8	March 19

- Families considering school-at-home-learning will review this option with their school principal.
  - Families must confirm their choice of this option by September 2, 2020 with their school principal.
  - Principals will forward the names of families choosing this option to Central Office by September 3, 2020.
- For students with identified special education needs, school-at-home-learning is an option, but being in school is best so that support can be provided. Parents, school learning teams and division staff will collaborate to address IPP priorities within available means. Schools will attempt to provide services remotely, understanding that the service may be limited.

## Transportation

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### Bussed Students

- Parents and students will not be in the pick-up area or enter the bus if they have symptoms of COVID-19.
- Bus drivers and students will complete the self-screening tool each day prior to leaving their home for the bus.
- Bus drivers will wear a mask or face shield while students are loading/unloading on the bus.
- Students will be assigned seats and a record of this seating plan will be kept to assist with contact tracing in the case of a student being a case of COVID-19. Students who live in the same household will be seated together.
- As much as practical, students start boarding from the back seats to the front of the bus.
- As much as practical, students start disembarking from the front seats to the back of the bus.
- All students must perform hand hygiene (hand sanitizer) when entering the bus until further notice.
- Mask use is mandatory for all bussing students. However, in exceptional circumstances, mask usage for students with identified special education needs will be reviewed by the school learning team. Expectations regarding mask usage for these students will be determined and outlined in the Individual Program Plan on a case-by-case basis.
- If a student becomes symptomatic during the bus trip, the bus driver will notify the school upon delivering the student so that the school can make the appropriate arrangements to pick up the student (see Responding to Illness).
- No sharing of personal items (food, toys, water bottles, cell phones, gaming devices, etc.)

- Bus cleaning and records.
  - Prior to each run, bus drivers will clean and disinfect high-touch surfaces including seats, door handles, window areas, rails, steering wheel, mobile devices and GPS.
  - Vehicle cleaning logs will be kept
- Each bus will have signage promoting hand hygiene, respiratory etiquette, physical distancing, etc., posted in visible locations.

### Non-Bussed Students

- Students should only have people from their household in the vehicle with them.
- Students who are walking shall maintain a two-metre distance from other people, except for household members.
- Students will follow arrival and departure expectations developed by their school. Expectations will address arrival and departure times and student movement.

## Mental Health Supports

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### Mental Health / Psychosocial Supports for Students and Staff

The COVID 19 pandemic has resulted in prolonged stress, loss of control, and unpredictability for students, parents, and staff. Upon re-entry to school we can predict students, parents and staff will experience higher levels of dysregulation and require mental health and psychosocial support.

Dr. Bruce Perry’s work around trauma and the R’s will be used as the framework for responding to students, parents, and staff’s mental health and psychosocial needs.

**Regulate:** Individuals must first be regulated before they are able to connect to others, learn new content, or engage in reasoning.

**Relate:** An individual is only able to connect and relate to another individual after they are regulated (in a calm state).

**Reason:** Once an individual is regulated and feels safe and connected to others, then they are able to reason and learn new content.

	Students	Parents	Staff	
<b>Universal Supports</b>	Mental Health Capacity Building program <ul style="list-style-type: none"> <li>● Google Classroom               <ul style="list-style-type: none"> <li>○ Wellness and Mental Health Mini-Lessons and Activities (Self-Lead)</li> <li>○ Live sessions</li> </ul> </li> <li>● Social Emotional Learning Programs               <ul style="list-style-type: none"> <li>○ Division I - Kimochis, Kids Have Stress Too</li> <li>○ Division II - Stress Lessons</li> <li>○ Division III - From Stressed Out to Chilled Out, Big Life Journals</li> <li>○ Division IV - Merrell's Strong Teens</li> </ul> </li> <li>● Facebook Page <a href="https://www.facebook.com/WRPSWST">https://www.facebook.com/WRPSWST</a></li> </ul>	Mental Health Capacity Building program <ul style="list-style-type: none"> <li>● Google Classroom               <ul style="list-style-type: none"> <li>○ Wellness and Mental Health Mini-Lessons and Activities (Self-Lead)</li> <li>○ Live sessions</li> </ul> </li> <li>● Google Site for Parents</li> <li>● Facebook Page <a href="https://www.facebook.com/WRPSWST">https://www.facebook.com/WRPSWST</a></li> <li>● Parent Presentations (recorded and on demand)</li> </ul>	Mental Health Capacity Building program <ul style="list-style-type: none"> <li>● Staff Wellness Google Site <a href="https://sites.google.com/wrps11.ca/staff-wellness/virtual-wellness-break">https://sites.google.com/wrps11.ca/staff-wellness/virtual-wellness-break</a></li> <li>● Staff Wellness Padlet</li> </ul> Wellbeing 101 (Google Classroom)	<b>Healthy to Stressed</b>
	Family School Liaison Worker <ul style="list-style-type: none"> <li>● Link to community resources</li> </ul>	Family School Liaison Worker <ul style="list-style-type: none"> <li>● Link to community resources</li> </ul>		
	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	
	Kids Help Phone: Phone: 1-800-668-6868 Text: CONNECT to 686868	Alberta Government Community Resources Phone: 211	Homewood Health <a href="https://homewoodhealth.com/corporate">https://homewoodhealth.com/corporate</a>	
	Family Resource Network	Family Resource Network	ASEBP <a href="https://www.asebp.ca/">https://www.asebp.ca/</a>	
	Mobile Mental Health - Wellbeing Self Assessment <a href="https://maskwacis-mmh.com/wellbeing-assessment/">https://maskwacis-mmh.com/wellbeing-assessment/</a>	Mobile Mental Health -Wellbeing Self Assessment <a href="https://maskwacis-mmh.com/wellbeing-assessment/">https://maskwacis-mmh.com/wellbeing-assessment/</a>	Mobile Mental Health - Wellbeing Self Assessment <a href="https://maskwacis-mmh.com/wellbeing-assessment/">https://maskwacis-mmh.com/wellbeing-assessment/</a>	

Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	
Trauma informed practices	Trauma informed Practices	Trauma informed practices <ul style="list-style-type: none"> <li>• Adverse Life Experience Self Directed Training (online modules)</li> <li>• 6 R's of Regulation workshop</li> </ul>	

	Students	Parents	Staff	
<b>Targeted Supports</b>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	<b>Stressed to Struggling</b>
	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	
	Kids Help Phone: Phone: 1-800-668-6868 Text: CONNECT to 686868		Homewood Health <a href="https://homewoodhealth.com/corporate">https://homewoodhealth.com/corporate</a>	
	Family Resource Network	Family Resource Network	Family Resource Network	
	Indigenous Support Workers	Indigenous Support Workers		
	Autism Intervenor support <ul style="list-style-type: none"> <li>• TEACCH Autism Program</li> </ul>			

	Students	Parents	Staff	
<b>Specific Supports</b>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	Anxiety Canada <a href="https://www.anxietycanada.com/">https://www.anxietycanada.com/</a>	<b>Struggling to Crisis</b>
	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	Mental Health Helpline Phone: 1-877-303-2642	
	Kids Help Phone: Phone: 1-800-668-6868 Text: CONNECT to 686868		Homewood Health <a href="https://homewoodhealth.com/corporate">https://homewoodhealth.com/corporate</a>	
	Family School Liaison Worker/Guidance Counselor Support	Family School Liaison Worker/Guidance Counselor Support		
	Mobile Mental Health 780-362-2150	Mobile Mental Health 780-362-2150	Mobile Mental Health 780-362-2150	
	Alberta Health Services Community Addictions & Mental Health <ul style="list-style-type: none"> <li>● Wetaskiwin: 780-361-1245</li> <li>● Drayton Valley: 780-542-3140</li> <li>● Rimbey: 403-843-2406</li> <li>● Ponoka: 403-783-7903</li> <li>● Camrose: 780-672-1181</li> </ul>	Alberta Health Services Community Addictions & Mental Health <ul style="list-style-type: none"> <li>● Wetaskiwin: 780-361-1245</li> <li>● Drayton Valley: 780-542-3140</li> <li>● Rimbey: 403-843-2406</li> <li>● Ponoka: 403-783-7903</li> <li>● Camrose: 780-672-1181</li> </ul>	Alberta Health Services Community Addictions & Mental Health <ul style="list-style-type: none"> <li>● Wetaskiwin: 780-361-1245</li> <li>● Drayton Valley: 780-542-3140</li> <li>● Rimbey: 403-843-2406</li> <li>● Ponoka: 403-783-7903</li> <li>● Camrose: 780-672-1181</li> </ul>	
	Early Education Family Wellness Center <ul style="list-style-type: none"> <li>● Family Wellness Worker</li> <li>● Speech Language Pathologist</li> <li>● Occupational Therapist</li> </ul>	Early Education Family Wellness Center <ul style="list-style-type: none"> <li>● Family Wellness Worker</li> <li>● Speech Language Pathologist</li> <li>● Occupational Therapist</li> </ul>		
	Trauma informed interventions	Trauma informed interventions		

# Resources for Families

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## **Alberta Education Resources**

[Alberta Education's 2020-21 School Re-Entry Plan](#)

[Guidance for School Re-entry - Scenario 1](#)

[Tool Kit and Resources](#)

[Alberta's Relaunch Strategy](#)

[COVID-19 Information for Albertans](#)

[COVID-19 Screening Questionnaire](#)

[General Relaunch Guidance](#)

[Guidance for Playgrounds](#)

[Guidance for Outdoor Fitness](#)

[Guidance for Sport, Physical Activity and Recreation: Stage 3](#)

[Get the Facts: back to class for 2020-21](#)

[Implementing School Re-Entry Guidance](#)

[Parent's Guide: 2020-21 school year](#)

[How to Wear A Non-Medical Mask](#)

[COVID-19 at school](#)

## **AHS Resources**

[FAQs for Public](#)

Infections Prevention & Control [posters](#)

Hand Washing Posters [Poster 1](#) [Poster 2](#)

How to Hand Wash [poster](#)

How to use alcohol-based hand rub/sanitizer [poster](#)

## **WRPS Resources**

[Daily Checklist: Students, staff, families, visitors and contractors](#)

[Daily School Supplies](#)

## **Other Resources**

[How to Wash a Face Mask](#)